

LAGET

Welcome to The Team!

The Team [Laget in Swedish] is an initiative of Korpen Svenska Motionsidrottsförbundet. It is aimed at girls who want to participate in sports without a demand for results and performance. In The Team, we alternate freely between various sports. The focus is on exercising together and having fun. The Team does not compete in matches and series games. All girls are welcome, regardless of their circumstances. The Team is run by girls for girls. All girls are welcome.

About Korpen Svenska Motionsidrottsförbundet

Korpen Svenska Motionsidrottsförbundet is one of Sweden's largest sports federations. For over 75 years, we have made it easier for people to exercise together in our associations and workplaces. Our operations are conducted by Korpen's local associations, which exist all over Sweden. In total, we can offer our members around 100 different exercise activities. We strive to be an inclusive organisation in which everyone has a place and can participate, regardless of their circumstances.

If you wish to know more
Sara Alfredsson
08-699 64 07
sara.alfredsson@korpen.se

KORPEN



Svenska Motions-
idrottsförbundet